

## Recreational Therapy Practice Recommendations for Individuals with Dementia Case Study Format

### Biographical and Demographic Information

This section should include:

- Specific dementia diagnosis
- Other diagnoses
- Age
- Gender
- Race/Ethnicity
- Education
- Occupation
- Behaviors displayed
- Psychosocial
- functioning (i.e. depression, anxiety, etc.)
- Relevant medications and medical treatment
- Cognitive functioning level – pre- and post-intervention (including MMSE and Global Deterioration Scale scores)
- Physical function skills
- Leisure interests

This section might include:

- Social history (i.e. marital status, family, support systems, education, significant losses)
- Military service (if applicable)
- General information on living arrangements as a child and adult, including most recent residence (i.e. rural, urban, suburban, home with spouse, assisted living, etc.)
- Assistive devices (glasses, hearing aides, walker, wheelchair)

### Assessment

Include the type of assessment used, and scores if appropriate; how information was obtained; results of the assessment (strengths, opportunities, etc.). Also indicate any pre-test scores for the assessment phase.

### Planning

*Physician Orders:* Sample of the physician orders related to assessment findings.

*Care Plan:* Include: problem statement, goal(s), interventions, staff assigned to complete.

### Implementation

- List the intervention(s) used by name or describe the interventions you developed for this resident.
- Explain the reason for the selection of the intervention(s).

### Evaluation:

- Review the outcomes of your intervention.
- Describe the scope, duration and frequency of the intervention(s).
- Detail the resident's progress/outcomes towards identified goals, including the reason for discharge.
- Summarize your discharge plan for the resident.
- Responses/reactions to intervention by resident, family, staff.