

## **Recreational Therapy Practice Recommendations for Individuals with Dementia**

Competency Demonstration: Protocol Format

Title of Protocol/Program/Intervention (10 words maximum)

Individual Submitting the Protocol

Brief/General Description of the Program (20-50 words maximum)

Staff Requirements (number of CTRS, non-certified staff if appropriate)

Entrance Criteria

What types of behaviors or problems must a resident display in order to be considered for this program? What skills are required? What stage of dementia is this program best suited for (individual with mild, moderate or severe impairments)?

Exit Criteria

What types of behaviors or problems will lead to a resident being discharged from this program? What other factor may lead to discharge from this intervention?

Group Size

Remember the staffing ratio should be a maximum of 1 therapist for every 4 residents.

Duration

How much time should be allocated for this intervention? How frequently should it occur?

Safety Considerations

- Environmental risk
- Clients risk

Facility & Equipment Requirements

- What type of space and furniture are needed to participate?
- What types of resources, supplies, etc. are necessary?

Methods

What are the steps a recreational therapist must follow to implement and perform this intervention?

Possible Client Objectives

What goals/skills/abilities is this intervention designed to address?