



American Therapeutic Recreation Association

**2002 Mid-Year
Professional Issues Forum**



March 24-27, 2002

**Indianapolis, Indiana
Sheraton Indianapolis
Hotel and Suites**

CONFERENCE SOCIALS AND SPECIAL EVENTS

INDIANAPOLIS, INDIANA

Come experience the excitement and energy of Indianapolis, located in the heart of Indiana. Indianapolis is known for its wide variety of sporting activities and is home to NCAA headquarters. What better place than Indianapolis to "team up" with other recreational therapists and challenge yourself to grow professionally?



Indianapolis, known for its "Hoosier" hospitality, offers a mix of small town and big city amenities, including a great zoo and fine arts museum. The average temperature in March is 45 degrees, but be prepared for the always changing Indiana weather. Plan to come, learn, and enjoy some time in Indianapolis!

Monday, March 25

OPENING SOCIAL, 7:00 p.m.

Join ATRA for a "magical" evening...Start your evening by mixing, and mingling with other conference attendees in several interesting networking opportunities to bring the recreational therapy "team" together. First, come prepared with an interesting T-shirt or baseball cap from your area or agency to exchange with other participants during the "Big Exchange." Following the networking activities, Ed Williams, a local magician, will put on an interactive show that will be sure to amaze and entertain. Be sure to join us for hors d'oeuvres and networking.

Tuesday, March 26

ATRA MEMBERSHIP LUNCHEON & ATRA CONGRESS 2002, 12:30 p.m.

Join Laurie Jake and the ATRA Board of Directors with an update of the Association's mid-year activities. Following the membership meeting, ATRA's grassroots public policy forum will convene.

FOUNDATION SOCIAL, 7:30 p.m.

The American Therapeutic Recreation Foundation invites you to School Spirit Night. Come dressed in your school colors, dance to the tunes spun by a DJ, and bid on baskets provided by student groups from around the country. Be creative in showing your school pride to be eligible for some fantastic door prizes. Enjoy networking with your peers while benefiting the Foundation's efforts to provide funding for education, research and activities to promote the advancement of the profession.

Wednesday, March 27

CLOSING GENERAL SESSION AND LUNCHEON, 12:15-1:45 p.m.

We've Come a Long Way, Baby: The Professionalization of Therapeutic Recreation

Join Drs. David Austin, Peg Connolly and Glen Van Andel as they take us on a dynamic and thought provoking look into the past, present, and future of TR. They will show us how "teaming up" has moved our profession forward and where TR may be heading in the future.

SCHEDULE AT A GLANCE

FRIDAY, MARCH 22, 2002

9:00 a.m.-7:00 p.m. ATRA Board Meeting

SATURDAY, MARCH 23, 2002

8:00 a.m.-7:00 p.m. ATRA Board Meeting

4:00 p.m.-6:00 p.m. Registration and CEU Desk Open

SUNDAY, MARCH 24, 2002

7:30 a.m.-6:00 p.m. Registration and CEU Desk Open

8:30 a.m.-4:30 p.m. **PRE-CONFERENCE INSTITUTES**

P1: Therapeutic Riding

P2: Developing a Wellness Lifestyle

P3: Continuity of TR Services

MONDAY, MARCH 25, 2002

7:30 a.m.-6:00 p.m. Registration and CEU Desk Open

8:30 a.m.-10:00 a.m. **A4:** Opening General Session: Indiana State Representative Peggy Welch, RN

10:00 a.m.-10:30 a.m. Break

10:30 a.m.-12:00 noon **CONCURRENT SESSIONS**

A5: Student Institute: Treatment Team Communication

A6: Examining Eating Disorders

A7: Increasing Collaboration in the Workplace

A8: Diversity: What is Important For Me?

A9: Public Policy 101

12:00 noon-2:00 p.m. Lunch on your own

2:00 p.m.-5:30 p.m. **THREE HOUR INTENSIVE SESSIONS**

A11: FISH! Camp – **LIMIT 40**

A12: Alzheimer's Care in the 21st Century

A13: Chapter Affiliates: Developing Leadership and Implementing Chapter "Best Practices"

A14: Revised Standards of Practice

2:00 p.m.-3:30 p.m. **A10:** Student Institute: Panel Discussion

3:30 p.m.-4:00 p.m. Break

4:00 p.m.-5:30 p.m. **A15:** Student Institute: Professional Portfolio

7:00 p.m. Opening Reception: Clearwater Ballroom

TUESDAY, MARCH 26, 2002

7:30 a.m.-6:00 p.m. Registration and CEU Desk Open

8:30 a.m.-10:00 a.m. **B16:** General Session: Peter Thomas, ATRA Legislative Counsel

10:00 a.m.-10:15 a.m. Break

SCHEDULE AT A GLANCE

TUESDAY, MARCH 26, 2002 *(continued)*

10:15 a.m.-11:45 a.m.

CONCURRENT SESSIONS**B17:** Internship Institute: Roles**B18:** Re-creation of Your Spirit**B19:** Strategic Planning**B20:** HIPAA**B21:** Better Assessments

12:30 p.m.-2:15 p.m.

B22: **ATRA Membership Luncheon and ATRA Congress 2002**

2:30 p.m.-4:00 p.m.

CONCURRENT SESSIONS**B23:** Internship Institute: Effective Internships – **LIMIT 50****B24:** Community Reintegration – **LIMIT 60****B25:** Mentoring: Mutual Inspiration**B26:** State Level Public Policy**B27:** Falls in Nursing Homes

4:15 p.m.-5:45 p.m.

CONCURRENT SESSIONS**B28:** Internship Institute: General Session**B29:** Promoting Social Bonding**B30:** Bibliotherapy Applications**B31:** LTC – Increasing Facility Payment**B32:** Accommodations and Technology

WEDNESDAY, MARCH 27, 2002

7:30 a.m.-2:30 p.m.

Registration and CEU Desk Open

8:30 a.m.-11:45 a.m.

THREE HOUR INTENSIVE SESSION**C33:** Quilt With Me – **LIMIT 24**

8:30 a.m.-10:00 a.m.

CONCURRENT SESSIONS**C34:** Restraint Free Environment**C35:** ATRA in Action**C36:** Academic Accreditation**C37:** **GOLF...**

10:00 a.m.-10:15 a.m.

Break

10:15 a.m.-11:45 a.m.

CONCURRENT SESSIONS**C38:** Managing Fatigue**C39:** International Perspectives**C40:** How To Find A Lobbyist**C41:** AIDS: Implications for Practice

12:15 p.m.-1:45 p.m.

C42: Closing General Session and Lunch: Dr. David R. Austin, CTRS, FALS; Dr. Peg Connolly, CTRS; Dr. Glen Van Andel, CTRS, CLP

2:00 p.m.-5:00 p.m.

PC 43: Post Conference – Simple Pleasures Revisited

PRE-CONFERENCE INSTITUTES

SUNDAY, MARCH 24, 2002

8:30 a.m.-4:30 p.m.

Additional Fees and Registration Required. See page 15 for details.

P1: Therapeutic Riding: An Experiential Introduction and Discussion of Implications in Therapeutic Recreation (.6 CEUs)

Blair McKissock, CTRS

Level: Basic, Intermediate, and Advanced

This day long experience will be held at a full time operating and accredited therapeutic riding center. The focus will be an in-depth introduction to the different aspects of therapeutic riding including philosophy/background, physiology of horse and rider, adaptive equipment, outline of a program, implications for TR. Transportation and lunch are provided. Meet in the lobby at 7:45 a.m. Bus will leave the riding center at 4:30 p.m. **Limited to first 15 participants.**

P2: Developing a Wellness Lifestyle for You and Your Clients (.6 CEUs)

Norma J. Stumbo, Ph.D., CTRS

Level: Basic, Intermediate, and Advanced

A wellness lifestyle encompasses physical, social, affective, spiritual, health and financial aspects of a person's life. In this workshop, participants will be actively engaged in exercises and learning activities that can be used to improve health and well-being in their own lives and those of clients. Each participant will be challenged to develop a personal wellness lifestyle plan to implement during and after the conference.

P3: Continuity of TR Services: From Inpatient to Community (.6 CEUs)

Level: Basic, Intermediate, and Advanced

Our profession covers a range of settings in which recreational therapy services are provided – therapeutic recreation is a process, not a place. In this day long pre-conference institute, four innovative service providers will discuss topics which cover the therapeutic recreation process and how it is applied in very different settings as clients move between settings. Their experience covers inpatient services, group home services, and community based services. Join us for this comprehensive look at what our profession offers across service provision settings.

Part 1: Community Based Work for Persons with Serious Mental Illness

Deborah Cook, CTRS

Community based work with persons who suffer from serious mental illness is challenging and rewarding. It is however, not without risk. This session aims to assist practitioners with developing policies and procedures to create effective and safe community interventions to increase the health and development of psychiatric inpatients.

Part 2: Establishing Partnerships to Enhance the Successful Transition of Consumers from Clinical to Community Settings

Pat Malik, Ph.D., CTRS

One of the difficulties consumers have once they are discharged from a traditional clinical setting is how to truly transition into their previous community life. This is an important issue to address with the current shortened lengths of stay and the many financial challenges facing health care. One way to help consumers be more successful in the community is for TR professionals to establish partnerships within the community. This session will explore the process of transitioning, how to minimize barriers, and establish partnerships that may make the transition from a clinical to a community setting more successful and less stressful for all involved.

Part 3: Inclusion and the Therapeutic Recreation Process: A Tool for the Future!

Alayne Kazin, MA, CTRS and Stephanie Montgomery, MS, CTRS

Since the passage of the ADA in 1990, people with and without disabilities have been engaging together in recreational pursuits across our nation. This session will focus on how to use the therapeutic recreation process for successful inclusive experiences in community recreation settings.

Part 4: Panel Discussion: How It Fits Together (or Doesn't, but Should!)

Deborah Cook, CTRS; Pat Malik, Ph.D., CTRS; Alayne Kazin, MA, CTRS; and Stephanie Montgomery, MS, CTRS

This session will wrap up the day with a panel discussion about how the different settings interface with other settings. There will be plenty of time for questions.

MONDAY, MARCH 25, 2002

8:30-10:00 a.m.

A4: Opening General Session (.1 CEUs)

State Representative Peggy Welch, RN

Health care is ever changing and the need for recreational therapists to stay educated on these changes and key issues has never been so great. "Teaming up" with other professionals and services can provide us with invaluable information and resources. Peggy Welch, an Indiana House Representative, has been a strong advocate in the political and health care arena. She will share her perspective on what the future may hold for health care services and the benefits of forming alliances with other professionals. Peggy Welch offers a unique perspective because she is not only a strong advocate in the political arena, but is also a nurse at Bloomington Hospital. Plan to take an active role in your future by attending and learning from this dynamic and energetic individual.

CONCURRENT SESSIONS: 10:30 a.m.-12:00 noon

A5: Student Institute: (see box on page 7)

A6: Through the Looking Glass: Examining Eating Disorders (.15 CEUs)

Suzanne Melcher, MA, TRS/CTRS and Pamela Adams Wilson, MS, TRS/CTRS

Level: Basic and Intermediate

This session will examine the various classifications of eating disorders and provide specific diagnostic information regarding anorexia nervosa and bulimia nervosa. Practical information on dealing with clients with eating disorders will be provided as well as innovative treatment approaches. Emphasis will be placed on recreational therapy strategies in assessing and treating clients with eating disorders. Participants will be provided with resource materials for dealing with this challenging population.

A7: When Egos Collide: Strategies for Increasing Collaboration in the Workplace (.15 CEUs)

Janet A. Funderburk, MS/CTRS

Level: Basic, Intermediate, and Advanced

This session will address the issue of "egos" and what happens when "egos collide." The session will offer strategies and practice exercises to begin working on implementation of these concepts.

A8: Diversity: What is Important For Me? (.15 CEUs)

Deb Getz, MS, CTRS and Jody Hironaka-Juteau, Ed.D., CTRS, RTC

Level: Basic, Intermediate, and Advanced

This interactive hands-on session will address the basic competencies required for effective treatment of clients from diverse settings. Specific suggestions for utilizing activities and increasing understanding of diverse clients will be presented.

A9: Public Policy 101 (.15 CEUs)

Diane Baumann, CTRS and Sharon Nichols, CTRS

Level: Basic and Intermediate

Have you ever thought about revisiting your civics class from early schooldays? Here's your chance to dust off your understanding of the legislative process. This session will explore the finer points of how a bill becomes a law, the ins and outs of the legislative processes and provide you with insights that can help you understand and become involved in advocacy for the profession via the legislative arena.

SESSION: 2:00-3:30 p.m.

A10: Student Institute (see box on page 7)

STUDENT INSTITUTE

Student Institute: Blooming into Current Trends, Planting for the Future of Students / New Professionals *(Coordinated by ATRA Student Development Team)*

Level: Basic

This day-long institute will provide participants with an opportunity to explore current trends in treatment and information for entering the field of therapeutic recreation. An interactive format will allow idea development and improvement.

A5: Student Institute – Part I: Treatment Team Communication (.15 CEUs)

10:30 a.m.-12:00 noon

Dayne Alonso, CTRS

The importance of good communication between treatment team members and TR in physical rehab. to assure high quality, as well as continuity of care for the patient, will be discussed. An overview of the obstacles therapists encounter when working with a interdisciplinary team will also be addressed.

A10: Student Institute – Part II: Panel Discussion (.15 CEUs)

2:00-3:30 p.m.

TR and Schools, Diane Baumann, CTRS

TR and Substance Abuse, Nancy McFarlane, CTRS

TR and Corrections, Linda McCauley

This session will provide an overview of the role of TR, as well as address job opportunities, in these areas.

A15: Student Institute – Part III: Putting Together a Professional Portfolio (.3 CEUs)

4:00-5:30 p.m.

Pamela Adams Wilson, MS, TRS/CTRS

This session will provide information for students and new therapists on making a lasting impression through resumes and interviewing for a job. Types of information that should be included in a professional portfolio will also be covered.

THREE HOUR INTENSIVE SESSIONS: 2:00-5:30 p.m.

A11: FISH! Camp (.3 CEUs)

Mary Ann Aquadro, MS, CTRS

Level: Basic and Intermediate

This presentation, based on the Pike Place Fish Market philosophy, will utilize four principles in an interactive atmosphere to teach methods which will enable the participants to improve customer service. The presentation has been used as a mandatory training for all employees of the VA Tennessee Valley Healthcare System. This session will be limited to the first 40 participants.

A12: Alzheimer's Care in the 21st Century (.3 CEUs)

Linda Buettner, Ph.D., CTRS

Level: Basic, Intermediate, and Advanced

This session is designed to provide a spectrum of the newest strategies to meet the challenges of dementia care. Discussing new directions in therapeutics, the presenter will address research tested interventions for the mind, body, and spirit of the person with dementia. Current recreational therapy research will be discussed and preliminary findings presented.

A13: Chapter Affiliates: Developing Leadership and Implementing Chapter "Best Practices" and Mid-Year Meeting (.3 CEUs)

Becki Chilcote-McGrath, CTRS; Michael Duquette, MS, CTRS; and Cathi McMahan, MS, CTRS

Level: Basic, Intermediate, and Advanced

Whether your chapter is a newly developed chapter, or a longstanding chapter of ATRA, this is an opportunity for information sharing and learning about which practices are recommended in order to assist your organiza-

tion in functioning effectively. The first half of this session will address the fundamentals of Chapter related business and assist you in identifying ways to develop leadership, maintain membership involvement, and maintain contact with your Chapter Affiliate Council Board of Directors. The second half of this session will be the mid-year CAC meeting where representatives from chapters across the nation address the issues and concerns related to ATRA affiliates. Learn about the initiatives and work that is advancing our profession on a state/regional level.

A14: Revised Standards of Practice: Improving the Quality of Services through Consistent Practice (.3 CEUs)

Bob Riley, Ph.D., CTRS; Jim Barrett, MS, TRS/CTRS; and Glen Van Andel, Re.D., CTRS, CLP
 Level: Basic and Intermediate

The revised ATRA Standards of Practice Self Assessment Guide (2000) is an extremely beneficial and practical tool for practitioners who wish to improve the quality of therapeutic recreation services and prepare for JCAHO or state accreditation audits. Comparisons will also be made with APTA and AOTA standards of practice.

SESSION: 4:00-5:30 p.m.

A15: Student Institute (see box on page 7)

TUESDAY, MARCH 26, 2002

8:30-10:00 a.m.

B16: General Session (.15 CEUs)

Peter Thomas, ATRA Legislative Counsel

ATRA continues our efforts in representing the national interests of recreational therapy professionals in the public policy arena. Peter Thomas, ATRA's Legislative Counsel will provide a brief review of the ATRA public policy agenda including current proposed legislation and proposed regulations. As ATRA's chief lobbyist on Capitol Hill, Peter invites questions and discussion from the ATRA membership. Join us to hear how your membership dollars are AT WORK!

CONCURRENT SESSIONS: 10:15-11:45 a.m.

B17: The Internship Institute (see box on page 9)

B18: Leisure and the Re-creation of Your Spirit (.15 CEUs)

Ruth Russell, Re.D.; Shermie Shafer, M.Div., STM; and Linda Thornton, Ph.D.
 Level: Basic, Intermediate, and Advanced

Reflection on the meaning of leisure and spirit, stories, and value clarification exercises will be used to explore the role of leisure in providing us with opportunities to remember our souls and re-create who we are.

B19: Managing the Horizon: Utilizing Strategic Planning to Enhance Service Delivery (.15 CEUs)

Pamela Adams Wilson, MS, TRS/CTRS
 Level: Basic and Intermediate

This session will focus on utilizing strategic planning techniques in the workplace to assess the current delivery of recreational therapy services and to proactively plan for future challenges. Key elements of the strategic planning process will be outlined along with a model to utilize in developing a vision framework. Emphasis will be placed on trends/issues that may impact future service delivery and how to address these potential changes in the planning process. Participants will be provided with a humorous look at dealing with change and how to involve team members in the strategic planning process.

**Register by February 13 and save money.
 See page 15 for details.**

THE INTERNSHIP INSTITUTE

The Internship Institute: Effective Teamwork Throughout the Internship Process

Deborah A. Hutchins, MS, CTRS and Colleen A. Cooke, M.Ed., CTRS

Level: Basic, Intermediate, and Advanced

B17: The Internship Institute – Part I: Internship Team: Roles of the University, Student and Clinical Site (.15 CEUs) 10:15-11:45 a.m.

Deborah A. Hutchins, MS, CTRS

This session will discuss the importance of the internship experience in developing competencies for professional practice. Internship standards will be reviewed, including the ATRA standards and NCTRC standards. The roles of each of the internship “team” (university, site and student) will be delineated and discussed in relationship to meeting and exceeding standards. The competencies required of internship students and supervisors will be discussed along with the resources and skills required for a successful internship experience. This session will provide the framework for starting or refining an internship program.

B23: The Internship Institute – Part II: Non-Clinical Tools Necessary for Effective Internships (.15 CEUs) 2:30-4:00 p.m.

Colleen A. Cooke, M.Ed., CTRS

This session will provide information regarding teaching principles that might be used by practitioners as they supervise student interns. The concepts of mentoring and modeling will be discussed.

Communication techniques will be discussed, especially the importance of positive and constructive feedback. **This session will be limited to the first 50 participants.**

B28: The Internship Institute – Part III: General Session (.15 CEUs) 4:15-5:45 p.m.

Deborah A. Hutchins, MS, CTRS and Colleen A. Cooke, M.Ed., CTRS

This session will include a review and summary of materials covered during the first two sessions of the Institute. Discussion will focus on the challenges of providing effective internships as described by a panel of students, university faculty and internship site supervisors.

B20: HIPAA: Health Insurance Portability and Accountability Act – What is HIPAA? (.15 CEUs)

Susan Markley, MS, CTRS

Level: Basic, Intermediate, and Advanced

Participants will gain a basic understanding of HIPAA and health care agencies. Participants will also explore the immediate implications and impact that HIPAA will have on the current practice of therapeutic recreation in a health care agency.

B21: Better Client Decisions through Better Assessments (.15 CEUs)

Norma J. Stumbo, Ph.D., CTRS

Level: Basic, Intermediate, and Advanced

Most of us have developed client assessments – and hate them! They don’t give us the information we want or need, and don’t help us place clients in the right programs to meet their needs. The intent of this session is to provide an overview of several ways to improve agency-specific assessments and make them more useful. Handouts on how to improve assessment items will be provided.

12:30-2:15 p.m.

B22: ATRA Membership Luncheon and ATRA Congress 2002 (.1 CEUs)

Laurie Jake, CTRS, CEDS, ATRA President; Diane Baumann, CTRS; Sharon Nichols, CTRS; and GT Thompson, M.Ed., CTRS

Join Laurie Jake and the ATRA Board of Directors with an update of the Association’s mid-year activities. Following the membership meeting, ATRA’s grassroots public policy forum will convene. Chapter public policy delegates from across the nation will conduct the business of forming our public policy agenda from the grassroots up.

CONCURRENT SESSIONS: 2:30-4:00 p.m.**B23: The Internship Institute (see box on page 9)****B24: Community Reintegration: An Interdisciplinary Team Approach (.15 CEUs)***J. Ben Johnson, MS, CTRS**Level: Basic and Intermediate*

This session provides a unique, interdisciplinary acute rehab team approach to community reintegration in an urban / rural setting. Program includes planning, implementing, evaluating, and documenting of an inpatient community reintegration activity.

B25: Mentoring: Mutual Inspiration (.15 CEUs)*Nancy McFarlane, CTRS**Level: Basic, Intermediate, and Advanced*

The role and benefits of mentoring regenerates both the experienced clinician and the beginning professional. This session will highlight the merits and value of participating in a mentoring relationship. Mentoring matches will be available.

B26: State Level Public Policy: Creating Opportunities For Recreational Therapists (.15 CEUs)*Kelly Parker, CTRS**Level: Basic, Intermediate, and Advanced*

This session shares the successful state level public policy work completed by our Arkansas Chapter. Join us as we explore opportunities for integrating coverage of recreational therapy into both regulations and payment mechanisms. Learn the process for starting your state on the road to better recognition of the recreational therapy practice.

B27: RT Guidelines for Preventing Falls in Nursing Home Residents with Dementia (.15 CEUs)*Marcia Shalek, CTRS and Linda Buettner, Ph.D., CTRS**Level: Intermediate and Advanced*

This session will describe a multiple site research program (*funded in part by the American Therapeutic Recreation Foundation*) completed during the past year with a focus on residents with dementia and multiple falls. The researchers will summarize results from the study and discuss treatment guidelines and future directions for nursing homes to minimize fall risk.

CONCURRENT SESSIONS: 4:15-5:45 p.m.**B28: The Internship Institute (see box on page 9)****B29: Promoting Social Bonding: Four Different Interventions for Loneliness (.15 CEUs)***Karen Grote, MS, CTRS**Level: Basic, Intermediate, and Advanced*

Across all special populations and in all settings, recreational therapists find clients who are lonely. This session examines, from the psychology literature, four different approaches to intervening in loneliness issues with our clients, and ways to enhance coping with loneliness.

B30: Bibliotherapy Applications for Recreation Therapy (.15 CEUs)*Laurie Jake, CTRS, CEDS**Level: Basic, Intermediate, and Advanced*

Books are personal and people respond to them quite differently. There are many ways to use literature to help a client reach his/her treatment goals. Good books can alleviate feelings of alienation when readers recognize characters with feelings, thoughts and circumstances similar to their own. This can be especially therapeutic for someone who is in the process of recovery or rehabilitation from a disabling condition.

B31: Recreational Therapy Long Term Care Restorative Services: Increasing Facility Payment (.15 CEUs)

G.T. Thompson, M.Ed., CTRS

Level: Basic, Intermediate, and Advanced

This session discusses the role that recreational therapy can serve in delivering restorative care services. Learn the rules for delivering restorative services. Information will be provided on how restorative services delivered by a qualified recreational therapist can increase both medical assistance and Medicare A payment.

B32: Accommodations and Technology for TR Professionals with Disabilities (.15 CEUs)

Barbara Mayfield, JD and Diane Etzel-Wise, MA, CTRS

Level: Basic, Intermediate, and Advanced

Is a career in TR out of reach for persons with disabilities? Under the ADA, public universities and many employers are required to provide reasonable accommodations to individuals with disabilities. This session will include guidelines about reasonable accommodations in employment and government services (including universities), and new technology opportunities for both sections.

WEDNESDAY, MARCH 27, 2002

THREE HOUR INTENSIVE SESSION: 8:30-11:45 a.m.

C33: Quilt With Me: The Therapeutic Benefits of Sewing (.3 CEUs)

Robin Yaffe Tschumper, Ed.D., CTRS

Level: Basic

Learn the therapeutic benefits of sewing / quilting while creating individual quilt blocks. Multi-media will be used to create a quilt to be donated to the American Therapeutic Recreation Foundation. This session will be limited to the first 24 participants.

CONCURRENT SESSIONS: 8:30-10:00 a.m.

C34: The Role of Recreational Therapy in Providing a Restraint Free Environment (.15 CEUs)

Rita L. Spak, MS, CTRS

Level: Basic, Intermediate, and Advanced

Restraint use is under fire. Excessive use and associated patient deaths in the healthcare arena have resulted in regulatory agencies implementing stricter, more stringent requirements related to the use of restraints and seclusion. By using and teaching behavioral management techniques, the recreational therapist is a vital member of the healthcare team.

C35: ATRA in Action: Taking the Message Home (.15 CEUs)

Diane Baumann, CTRS and Sharon Nichols, CTRS

Level: Basic, Intermediate, and Advanced

Are you passionate about your profession? If you are, we have a message we want you to take to your home state! Join the public policy team in learning how to advocate for your profession and for the individuals you serve. Be a part of our second annual "week in the district" and learn how to take this training back to the state level. ATRA will help you identify your contacts, arrange your meetings and present persuasive arguments. Learn what advocacy points to include and how to follow up your visit. Join us as we develop ATRA's annual public policy agenda.

C36: Academic Accreditation – Quest for Quality – Options and Challenges (.15 CEUs)

Marcia Jean Carter, Re.D., CTRS and Jean Folkerth, Re.D., CTRS

Level: Basic, Intermediate, and Advanced

This session, coordinated by the ATRA Academic Affairs Team, will address accreditation alternatives, their pros and cons, and the implications for the therapeutic recreation profession. Consideration will be given to the issues surrounding a responsive recreational therapy professional preparation program at the bachelor's

level. Identification of the factors contributing to the quest for quality professional preparation programs will be discussed. Also an overview of the accreditation processes within the healthcare industry and among health care professions will be presented.

C37: GOLF...A Valuable Tool in Rehabilitation and Recreation (.15 CEUs)

Gary Robb

Level: Basic, Intermediate and Advanced

This session will explore current national activities and developments in making the game of golf accessible to people with disabilities. Discussion will also focus on assistive devices and instructional resources that are available. We will also explore the role and importance of therapeutic recreation professionals in this movement.

CONCURRENT SESSIONS: 10:15 a.m.-11:45 a.m.

C38: Managing Fatigue through Assessment and Intervention (.15 CEUs)

Tina Gadison, TRS/CTRS

Level: Basic, Intermediate, and Advanced

Fatigue is a physiological response to overexertion, stress, and short/long term illness and injuries. It is largely subjective and difficult to objectively measure. Yet, it is one of the most common experiences for patients with a chronic illness or medical condition. This session will identify factors contributing to fatigue, describe the assessment process used to diagnose fatigue, and analyze barriers to/interventions for managing fatigue.

C39: Recreation as Therapy: International Perspectives (.15 CEUs)

Coordinated by Younghill Lee, Ph.D., CTRS and John Chiang, MS

Level: Basic, Intermediate, and Advanced

The notions of a "global village" and "world as community" have become evident in therapeutic recreation. There are a variety of therapeutic recreation related activities occurring outside of the United States. This session will provide an opportunity for recreational therapists to learn about international TR related activities.

C40: How To Find A Lobbyist: Recreation Therapists of Indiana (RTI) Did! (.15 CEUs)

John Clampitt, MS, CTRS; Jim Quinn, CTRS; and Fred Major

Level: Basic, Intermediate, and Advanced

This session will focus on the benefits a chapter can receive from contracting with a lobbyist. It will discuss reasons why a chapter would need a lobbyist and ways to locate a lobbyist.

C41: Leisure Through the Eyes of AIDS: Implications for Practice (.15 CEUs)

Sue Mylykangas, MA, CTRS

Level: Basic, Intermediate, and Advanced

A qualitative study was conducted to determine how persons with AIDS defined leisure. Subjects took photographs documenting their leisure. Implications for efficacious programming will be discussed.

12:15 p.m.-1:45 p.m.

C42: Closing Lunch and General Session: We've Come a Long Way, Baby: The Professionalization of Therapeutic Recreation (.1 CEUs)

David R. Austin, Ph.D., CTRS, FALS; Peg Connolly, Ph.D., CTRS; and Glen Van Andel, Re.D., CTRS

To understand the present and anticipate our future, we must know our past. This session will review the development of TR as a profession as a beginning place to discuss today's TR profession and where it may be headed in the future.

POST CONFERENCE SESSION: 2:00-5:00 p.m.

PC43: Simple Pleasures Revisited (.3 CEUs)

An additional fee and registration for this session is required. See page 15 for details.

Linda Buettner, Ph.D., CTRS

This post-conference session will describe the Simple Pleasures Project which uses community and family volunteers to make sensory motor recreational items for nursing home residents with dementia. The research supporting this program will be described along with the training for community and family volunteers. Participants will receive the new Simple Pleasures Associates Certificate for completing the session, the Simple Pleasures training manual and a CD-ROM of the training program to use in the community.

GENERAL CONFERENCE INFORMATION

Full Package Registration Includes:

- Opening Social (Monday, March 25)
- ATRA Membership Luncheon and ATRA Congress 2002 (Tuesday, March 26)
- Foundation Social (Tuesday, March 26)
- Educational Sessions (except those noted as requiring additional fees)
- Closing General Session and Luncheon (Wednesday, March 27)

Additional registration fees are required for:

- CEUs & Transcript
- Pre-Conference Institutes (Sunday, March 24)
- Post-Conference Institute (Wednesday, March 27)

See the registration form for detailed costs.

Sessions/Times Subject to Change: Because individual presenters are involved, all sessions and times listed are subject to change, rescheduling or cancellation. Participants will receive a final program with times upon arrival at the on-site registration.

Looking for a Roommate to Share Expenses? If you are interested in having ATRA assist you in locating a roommate to share expenses, please note that you must be registered to attend the conference. Fax or email your name, address, daytime and evening phone numbers, to ATRA no later than 2/15/02. ATRA will send you a list of all persons looking for roommates. You are responsible for making contacts, securing a roommate and making hotel reservations. ATRA is not responsible for screening prospective roommates. *You may wish to consider booking a room prior to the hotel cut-off date of 2/15/02 – see page 14.* Fax or email the information listed above to ATRA at 703-683-9431 or info@atra-tr.org.

Deadlines/Cancellation Policy: All cancellations and refund requests MUST be in writing and mailed or faxed to ATRA . Cancellations received before 2/13/02, entitle registrants to a full refund. Cancellations received by 3/13/02 entitle registrants to a partial refund. No refunds will be made for requests received after 3/13/02. Refunds will not be made for no-shows. All refunds will be issued following the conference dates.

Special Services: When pre-registering, please attach a written description of services required (i.e, special diet requirements, wheelchair transportation, etc.). Advance notice is required for accommodation. (Without 30 days notice, accommodation cannot be guaranteed.)

Children: ATRA welcomes children at the conference, however, conference educational sessions are designed for a professional audience. Please plan accordingly and do not bring small children or infants to conference educational sessions.

No Smoking Policy: There is no smoking allowed in education sessions or meal functions. Please smoke in designated areas of the hotel only.

Responsible Drinking: Recognizing the social component of conferences and the potential for abuse, ATRA encourages responsible drinking. All ATRA sponsored socials offer nonalcoholic beverage options. No alcohol will be served to anyone under 21 years of age.

Recommended Dress: Casual business attire is recommended for the conference. Consider bringing a sweater or jacket for sessions as temperatures within meeting facilities vary. Don't forget your school colors for the Foundation Social and a t-shirt or cap for the Opening Social.

HOTEL AND TRAVEL

Hotel Information:

Sheraton Indianapolis Hotel and Suites

8787 Keystone Crossing
Indianapolis, Indiana 46240
www.sheraton.com
(317) 846-2700



Room rates:

\$102 single / double standard tower
\$130 single / double suites tower

BOOK YOUR ROOMS BY 2/15/02 to qualify for special rates. Limited space is available. Mention that you are with the American Therapeutic Recreation Association (ATRA) when booking to qualify for special rates. The Sheraton Indianapolis Hotel and Suites is located in the Keystone Crossing area in Indianapolis. A variety of shopping and restaurants (including a food court) is located nearby. Free parking is available at the hotel.

Air Travel Discounts

Special airfare discounts are available through US Airways and Delta Airlines. Contact Destination Designs by Marcus Hunter to book flights at the discounted rate. Please fax your request to (650) 213-8754 or e-mail to mht@wspan.com (e-mail is preferred). Include preferred days and times for arrival and departure. Include your phone and fax number and an estimate and itinerary will be faxed or emailed to you.

Transportation from the airport: Carey Limousine

Either make reservations ahead of time (800-888-4639) or from the airport (317-241-2522). Cost is \$18 per person each way. Reservations are required from the hotel back to the airport.

Directions

Take I-465 to Keystone Avenue (Exit 33). Go south, then make a left turn onto 86th Street. Turn left at Keystone Crossing Boulevard. Turn left at the second light. The hotel is on your right.

ATRA Membership Rates & Categories

Join ATRA today and pay the Member Rate to attend the Mid-Year Professional Issues Forum. Mark the appropriate box on the registration form (page 15) and include the membership category under which you are joining.

- Professional (CTRS), \$95.00
- Associate (CTRA), \$80.00
- Supporting, \$80.00
- Organizational, \$275.00
- Provisional/Professional, \$55.00
- Student (Currently enrolled in a TR degree program), \$55.00

REGISTRATION FORM

Last Name: _____ First Name: _____

Name Badge to Read: _____

Organization: _____

Street (or P.O. Box #): _____

City/State/Zip: _____

Phone: _____ Fax: _____

CTRS? Yes No ATRA Member? Yes No E-mail: _____

Is this your home or office address? Is this a change of address? Yes No

Please list name and phone number of a relative or friend to contact in the event of an emergency while you are at the conference: _____

Membership: (Non-members pay additional fees)

Join today and pay the Member Rate! (See page 14 for categories and fees)

Membership Category: _____ Membership Fee: \$ _____

Full Package/Professional, Associate, Supporting & Provisional

Member: \$195.00 \$345.00 Postmarked/faxed before 02/13/02 (Include full payment or PO#)

Non-member: \$230.00 \$380.00 Postmarked or faxed between 02/14/02 and 3/13/02

After 3/13/02, please register on-site: \$265.00 (member) or \$425.00 (non-member)

Full Package/Student

Student member: \$155

Student non-member: \$245

Single Day Rate (Does not include meals or socials)

Check Day(s): Monday Tuesday Wednesday

Member: \$90.00/day Non-member: \$185.00/day

Student member: \$70.00/day Student non-member: \$145.00/day

Pre- and Post-Conference Institutes:

	Conference Add-On with Full Package		Pre- or Post-Institute Only or with Daily Registration		Student Rate	
	Member	Non-member	Member	Non-member	Member	Non-member
<input type="checkbox"/> P1: Therapeutic Riding	<input type="checkbox"/> \$115	<input type="checkbox"/> \$205	<input type="checkbox"/> \$150	<input type="checkbox"/> \$240	<input type="checkbox"/> \$95	<input type="checkbox"/> \$150
<input type="checkbox"/> P2: Wellness Lifestyle	<input type="checkbox"/> \$ 90	<input type="checkbox"/> \$180	<input type="checkbox"/> \$125	<input type="checkbox"/> \$215	<input type="checkbox"/> \$70	<input type="checkbox"/> \$125
<input type="checkbox"/> P3: Continuity of Svcs.	<input type="checkbox"/> \$ 90	<input type="checkbox"/> \$180	<input type="checkbox"/> \$125	<input type="checkbox"/> \$215	<input type="checkbox"/> \$70	<input type="checkbox"/> \$125
<input type="checkbox"/> PC43: Simple Pleasures	<input type="checkbox"/> \$ 55	<input type="checkbox"/> \$ 85	<input type="checkbox"/> \$ 90	<input type="checkbox"/> \$120	<input type="checkbox"/> \$40	<input type="checkbox"/> \$ 65

CEU and Transcript:

CEUs and Transcript (includes CEUs for all sessions): \$15.00 member \$25.00 non-member

TOTAL PAYMENT ENCLOSED: \$ _____

METHOD OF PAYMENT: U.S. Funds/Payable to ATRA

Check or Money Order Enclosed

Purchase Order # _____ (A copy of the P.O. must accompany this form.)

Credit Card VISA MASTERCARD I authorize payment for the above items.

Card #: _____

Exp. Date: _____ Signature: _____

MAIL to ATRA: 1414 Prince Street #204 • Alexandria, VA 22314

FAX to ATRA: with credit card payment • (703) 683-9431

REGISTER ON-LINE: www.atra-tr.org

American Therapeutic Recreation Association

1414 Prince Street #204
Alexandria, VA 22314
(703) 683-9420



Register Early & Save Money!
Early Registration
Deadline is February 13, 2002
See page 15 for details.

FIRST CLASS
US POSTAGE
PAID
PERMIT 170
HATTIESBURG MS