

## WEBSITES

### Childhood Obesity

Mayo Clinic has a BMI calculator for kids -

<http://www.mayoclinic.com/invoke.cfm?objectid=2730AC0C-C419-4786-8462FF70BF8DC823>

A great article that has an obesity definition for children -

<http://www.kidsource.com/kidsource/content4/promote.phyed.html>

Research on Childhood Obesity from Canada - <http://www.hc-sc.gc.ca/iacb-dgiac/arad-draa/english/rmdd/finalreport/ethomas.html>

American Academy of Family Physicians - Childhood Obesity and Nutrition Briefing Document - <http://www.aafp.org/x26524.xml>

Media and obesity in Children -

[http://www.mediafamily.org/facts/facts\\_tvandobchild.shtml](http://www.mediafamily.org/facts/facts_tvandobchild.shtml)

Also - attached are a few other articles in PDF format

Good articles on the President's council on physical fitness, at

[http://www.fitness.gov/pcpfs\\_research\\_digs.htm](http://www.fitness.gov/pcpfs_research_digs.htm)

### Obesity in Adults

The following is the web site that was put together by a task force on Screening and interventions for Overweight and obesity in Adults.

<http://www.ncbi.nlm.nih.gov/books/bv.fcgi?rid=hstat3.chapter.26801>

Guidelines from NHLB

<http://archinte.ama-assn.org/cgi/reprint/160/14/2169.pdf>